



Week One

If you and your group are part of a different EastLake Church location — like Venice Church, EastLake Temecula, EastLake Imperial Beach, EastLake Online, or any other EastLake — adjust the questions below to reflect your local church, neighborhood, city, or location. Your local church will also have its own unique website. See your local staff contact for help.

Opening Prayer

God, thank you for being a God who actively looks to connect with us and looks to connect us with others in meaningful ways. Help us to be open to what you have for us as an individual and us as a group today.

“I Heart Chula Vista” Series Overview

We kicked off a new series this week called, “I Heart Chula Vista”, where we look at the wisdom of good neighboring and join together to show Chula Vista just how much we can love others. As a body of Christ we will be looking at ways we can bless our community and then on October 27- 29 we will be intentionally gathering outside the walls of our church to serve others. For more information, visit iheartCV.com.

Talk It Over

There is no question that the people in our church and our church as a network of people make a positive impact on the community outside our church walls. But that being said, we also believe God is looking to do more in us and through us as individuals and as a body of believers. We want to believe we can serve more and love more, and in turn, create an even greater force for positive change in our city.

- Tell us how you ended up in Chula Vista.
- What do you love most about Chula Vista?

This week we looked at two specific ideas we should consider if we are going to love our city well:

1. As believers in Christ, we are called to be “sent” people.

Read Matthew 28:18-20 (NLT) and John 20:21 (Voice)

Jesus invites all people to not only encounter and walk with him, but to also be people who reflect and lead others towards him. Here at EastLake we say we want to be a group of “people helping people find and follow Jesus.”

- What sorts of differences do you think we’d find between someone who simply wants to talk about Jesus with others and someone who personally knows Jesus well and then from an overflow shares Jesus?

- Do you know someone who helps others “find and follow Jesus”? Tell us what sorts of things you observe about this person.

2. As believers in Christ, we are sent to bless people where we live, work, and play.

Read Genesis 12:2-3

There is nothing in our life that God has blessed us with — a skill, a resource, an education, and so on — that he doesn't intend for us to share with others. We are designed to be conduit or a conductor of God's blessing.

- Who in your life does a good job at being a conduit or conductor of God's blessing?
- Looking at your own life, what are some the things God has blessed you with and how could those gifts bless others?
- Tell us about a time you made the choice to be a conduit or conductor of God's blessing despite how difficult it felt.
- Consider the times you have chosen to not be a conduit or conductor of God's blessing. What motivated your choice to not bless someone else?

Read Matthew 5:15-16

The big idea we are looking at in this series is that the way we live and love should cause those around us — where we live, work, and play — to take notice of God in a good way.

A church can be known for a lot of things:

- What are some characteristics a healthy, life-giving church should or could be known for?
- What are some negative characteristics often associated with churches? The point of this question is not to put any church on blast; please keep answers general.

October 27-29 All Serve Week

- If you signed up for a project on the iheartCV.com website, tell us what project you chose to serve at and why?
- If you haven't signed up for a project on the iheartCV.com website, take a look at the website after prayer. Feel free to sign up of a project as a group or as individuals.

Closing Prayer

God, thank you for being good and generous God to us. Help us to take notice of your love, presence, and the gifts you give to us. And then help us to be open, ready, and eager to extend that goodness to others.

How To Use this Discussion Guide

The guide is meant to serve you and your group as you intentionally create space to grow in friendship and faith. Use the guide as a tool to help your unique group connect in friendship and grow faith.

With that in mind, consider reviewing the guide before your group to see if some content or questions might resonate more or less with your group. Don't feel pressure to read all the content or to hit all the questions. The guide is not meant to be something you power through for the sake of completing. Pick the content from the guide you feel will help foster friendship and faith for your specific group.

Spend some time praying about your group, preparing your heart, and asking God for wisdom and guidance regarding your specific group.