



October 2017

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LUNCH MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Chicken & pasta, roll, peas & tropical fruit	3 Meat balls, potato wedges Carrots & strawberries	4 Pizza, salad, corn on the cob & mandarin oranges	5 Turkey, mixed veggies, cornbread & pears	6 Chicken salad, on a bun, veggie sticks & oranges	7
8	9 Roasted turkey, mashed potatoes, corn & apples	10 Lasagna casserole, salad & bananas	11 Chicken nuggets, rice, green beans & fruit cocktail	12 Quesadillas, baby carrots & seasonal fruit	13 Tuna pinwheels, celery sticks yogurt & banana	14
15	16 Corn dog, carrots, baked beans & oranges	17 Chicken parmesan noodles, peas & peaches	18 Fish sticks, rice, mixed veggies, & strawberries	19 Mini hamburgers, greens beans & apples	20 Pizza, baby carrots with dip & pears	21
22	23 Turkey & cheese, Ritz crackers, salad with cucumbers & peaches	24 Taqitos, refried beans, corn & fruit cocktail	25 Chicken tenders, mashed potatoes, salad & pineapple	26 Pasta with meat sauce, mixed veggies & seasonal fruit	27 Chicken wrap, pasta salad, green beans & tropical fruit	28
29	30 Mac & cheese, mixed veggies & apples	31 Hot dogs, tater tots, carrots & pears	Nov 1st School Closed for Professional Growth Day			

1% Milk is served with all lunches. ~ Alternative items may be served.