





November 2017

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LUNCH MENU

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|--|---|--|---|-----|
| | | | 1 Professional Growth Day School Closed | 2 Fish sticks, coleslaw, rice & oranges | 3 Meatballs, mashed potatoes, roll, peas & peaches | 4 |
| 5 | 6 Grilled chicken strips, potato wedges, dinner roll, salad & pineapple | 7 Quesadilla, salad, & applesauce | 8 Corn dog, baked beans, baby carrots with dip & bananas | 9 Cheese & turkey roll up, veggies, pasta salad and mixed fruit | 10 Veteran's Day School Closed | 11 |
| 12 | 13 Taquitos, refried beans, carrots & oranges | 14 Pasta with meat sauce, bread, salad & apples | 15 Ham & cream cheese bagel sandwich, green beans & apricots | 16 Pizza sticks, corn on the cob seasonal fruit | 17 Mac & cheese, salad, broccoli & bananas | 18 |
| 19 | 20  Thanksgiving Feast Turkey, fruit, veggies, mashed potato, & roll | 21  Thanksgiving Feast Turkey, fruit, veggies, mashed potato & roll | 22 Cooks choice All 4 food groups will be served for lunch | 23 Thanksgiving School Closed | 24 Thanksgiving School Closed | 25 |
| 26 | 27 Chicken & pasta, roll, corn & seasonal fruit | 28 Meatballs, potato wedges, salad & tropical fruit | 29 Soup, cheese & Wheat Thins, broccoli & dip & apples | 30 Chicken nuggets, veggie mix, Tater tots & pears | | |

1% Milk is served with all lunches. ~ Alternative items may be served.